

# HAMPSHIRE JUNIOR LEAGUE (HJL)



## RULES 2025-2026

### 1. RULES OF THE GAME

- All games shall be played to the World Netball Rules of the Game currently in force in England at the time of the HJL. It is the responsibility of all Players, Team Managers, Coaches, and Umpires to ensure they are conversant with the Playing Rules for the league.

### 2. AFFILIATIONS

- All players must have fully paid membership to England Netball, Hampshire Netball Association, Netball South and the club they are playing for.
- A player may play for only one club in the HJL. A 2<sup>nd</sup> claim player can play for a club who does not have a team in the HJL.
- **Registration of players:** All players must be registered on Engage in the following format:
  - **Team Name**
  - **Age Group**
  - **County**, then list all players. This will be the registration of players. Any player that plays and is not on the registration for the club will be deemed as an unregistered player and sanctions will be imposed on the club. Additional player can be added and an email sent to this effect. The team bench must be registered under roles.
- A team must list up to twelve players per fixture, all of whom must be registered to play in the league and be a member of the club.

### 3. AGE BANDING

- Following England Netball Guidelines, players may play for any age group. Players playing out of age group can only do so if the coach and safeguarding officer agree it is in the best interest of the players netball.
- Name, date of birth and affiliation numbers of players must be registered with the HNA League Administrator, on the Registration Sheet by 5pm on the day preceding the teams first fixture.
- Any additional registrations must be with the League Administrator by 5pm on the day preceding the start of the match in which they will play. They must be on an official registration form and emailed to the League Administrator.

### 4. TRANSFER & PLAYING UP

- Clubs with more than one age group team in the League may move players between Teams in the same Club under the following conditions:
- All Club players must be registered to a specific age Team at the start of the HJL. Players may be added at a later date.
- No player can play for more than one team at any age on the same day in the HJL.
- A lower aged team player may play for a higher aged team for 11 quarters but on the 12<sup>th</sup> quarter they play for a higher team they will be deemed part of that team for the remaining fixtures in the HJL.
- No higher age team player may play for a lower age team.
- Where a club has a player(s) participating in the Regional League they may play in the HJL until they have played 16 quarters in the regional league, Failure to comply will result in the match being

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awarded to the opposition, i.e. 5 points and 30 goals AND a further 5 points will be deducted from the offending team's accumulative total.

- HNA will not accept responsibility for notifying Clubs of the current status of any individual player. It is strongly advised that Clubs maintain their own records to ensure compliance and thereby avoid a deduction of points for fielding ineligible or unregistered players.

### 5. TEAM BENCH

- The Team Bench will be the area at the Team's defending end at the start of the game to the right of the netball posts. **Do not change ends at half time.**
- The Team Officials in addition to the (up to) five squad players not on court, shall constitute the 'Team Bench'. Team Officials must be registered on Engage at the start of the season with additions as required. Each team must have a primary carer who holds a first aid qualification.
- The Team Officials and bench players may not move up and down the side lines or along the goal lines outside the court during play.
- Teams are responsible for providing their own First Aid Equipment.
- **PLEASE NOTE** that supporters are asked to remain outside of the Sports Hall so that playing courts remain safe for participants, and so that young players are never overwhelmed or worried by their team's or their opposition's supporters.

### 6. BALLS AND BIBS

- Each team must provide a size five (5) netball in good condition, which must be clearly marked for identification purposes and the umpires will decide which ball will be used for the whole game.
- All players must wear positional bibs and teams must have a spare set in a different colour in case of a clash of colour when teams will toss to see who changes.

### 7. MATCH DETAILS

- All games will be played on the designated dates at the venue and start time as notified on the fixture list.. **NO GAMES CAN BE CANCELLED**
- Teams are responsible for notifying their own umpire of the match details 10 days before the fixture
- Timings of games: under 11/12 and under 13, 4 x 10 minutes under 14, 4 x 12 minutes under 15, 16 and 19 4 x 15 minutes, 2 minutes at 1<sup>st</sup> and 3<sup>rd</sup> quarter breaks and 3 minutes half time
- Each team must provide a scorer and score pad for their own game who must sit together with the opposing team's scorer where requested by the umpires controlling the game.
- Both teams will provide a stop watch and competent timekeeper. One timekeeper can be used if both teams agree
- A match must begin at the league-designated starting time as there will be no waiting time and games will finish on time. **PLEASE LEAVE THE HALL AS SOON AS THE GAMES ARE FINISHED AFTER WHICH TIME THE NEXT GAME WILL ENTER THE HALL.**
- No team may start a game with less than five players.

### 8. UMPIRES

- Each team **MUST** provide an umpire..  
Umpires for the games will need to be active umpires qualified to C Award or at the discretion of the OTSG umpires that have attended a C Award Course and are being mentored to their C Award.
- Umpires names to be recorded on the Results Sheet for the game they have umpired.

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### 9. RESULTS

- Both teams must fully complete a result sheet and hand to the score table **10** minutes before the start of their fixtures.
- All Clubs **MUST** have a **MAIN CLUB CONTACT**. They will be responsible for:
- The result sheet must be checked by the scorers, the umpires and a team representative, who will after the match take a photograph at the score table and upload using the result form
- Results must be recorded by both teams on the WhatsApp result group by 20.00 hours on the day of the fixture, after which league tables will be published within 48 hours.
- Match points will be awarded as follows:
  - 5 points for a win
  - 3 points for a draw
  - 2 points if within 5 goals of the winner's score – i.e., 50-46 = 2 points, 50-45 = 1 point
  - 1 point for more than 50 per cent of the winners' score
  - 0 points for a loss
- In the event of a tie-on points, goal average will decide final positions (goals for divided by goals against).
- If goal average is tied then goal difference will be applied (the difference between goals for and goals against).
- If goal difference is tied, the result of the fixture between the two teams will be the decider.
- In the event of a further tie, the team with the most goals will be adjudged the winner.
- Result can be viewed at [www.hampshirenetball.co.uk](http://www.hampshirenetball.co.uk)

### 10. CANCELLATION OF MATCHES

- **NO GAMES TO BE CANCELLED.** In the event of a team not being able to fulfil their commitment the game will be forfeited and 5 points and 20-0 will be awarded to the opposition
- Both teams to notify the umpires and the League Administrator

### 11. QUERIES COMPLAINTS and APPEALS

- 11.1 Any queries or complaints regarding the playing of a match and/or its result must be submitted in writing to the League Administrator or its nominee within seven (7) days.
- 11.2 All queries, complaints and disputes regarding the playing of a match and/or its result will be determined in the first instance by a competition investigation committee, convened by HNA which will use best endeavours to determine the course of action within ten (10) days of receiving the query, complaint or dispute.
- 11.3 The competition investigation committee appointed by HNA will determine the penalty to be imposed on teams and players who are in breach of these rules and regulations regarding the playing of matches in the HN-JL such penalties will include reprimands, deduction of points, fines, suspension and expulsion from the competition except as specified below:
- 11.4 In the event that any team wishes to appeal against the decision of the competition investigation committee, it must notify HNA with the grounds of the appeal within seven (8) days of receipt of the decision. In this event, the matter will be considered under England Netball's Code of Conduct and Disciplinary Procedures Manual, which allows for an Appeals Panel to be convened. The decision of the Appeals Panel will be final and binding on all parties. The Appeals Panel will have the power to:

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- Reduce, increase, quash, or confirm the penalty imposed by HNA and/or may substitute for it any other sanction that would have been available to them and/or
  - Make such other order or determination as it may think right or just.
- 11.5 Any team that wishes to appeal against the governance and management of the HJL by HNA or against specific decisions made by it must follow the procedures laid out in England Netball's Code of Conduct and Disciplinary Procedures Manual.
- 11.6 Any team which fails to observe the procedures laid out in the preceding clauses will invalidate their right to raise a query, complaint or appeal.
- 11.7 No team may claim victory by default in any match without first submitting itself to the procedures laid out in these rules and regulations.
- 11.8 Any complaint which does not concern the playing of a match and/or its result, but which is made in respect of a disciplinary offence, will be dealt with according to the procedures laid out in England Netball's Code of Conduct and Disciplinary Procedures Manual
- 11.9 If a team cancels a match without agreement of HNA:
- The team which cancels will incur a 5 point deduction, a fine and will be liable to pay any costs which the non-offending team has incurred, subject to the determination of the HNA.

### Fines

- £25 for 1 game, £50 for 2 games and £100 for 3 games
- The non-offending team will be awarded five (5) points
- Conceding three (3) Matches will result in all games being forfeited and the offending team will take no further part in the HJL.

### Sanctions

- The use of an unaffiliated, unregistered or ineligible player will result in a deduction of 3 points for each offence.
- The Incorrect level of umpire without the permission of HNA will result in a deduction of 3 points
- A team not providing a competent scorer and timekeeper will result in the offending team receiving a deduction of 3 points
- Incomplete and/or late score sheets on more than 3 occasions will result in a deduction of 3 points
- Late emailed/texted results on more than 3 occasions will result in a deduction of 3 points

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### 12. CONDUCT

All players, coaches, officials, volunteers, spectators and parents must adhere to the appropriate EN codes of conduct as set out on the Hampshire Netball, South Netball Websites and also on the England Netball Website.

Abuse of any Officials will **not** be tolerated

### 13. MISCELLANEOUS PROVISOS

It is the responsibility of each team to provide adequate first aid cover for its players and officials.

- 13.2 HNA accept no liability whatsoever in respect of personal loss or injury which players, officials or spectators may sustain. The England Netball Accident report form must be sent to the League Administrator with the results sheet.

13.3 Clothing

13.3.1 No form of glove may be worn when playing netball. If gloves are required for medical reasons, the umpires may allow seamless leather or cotton gloves to be worn on production of an appropriate medical certificate, provided that they are satisfied that any gloves worn do not present an obvious hazard to other players.

13.3.2. If scarves need to be worn because of religious practices or medical reasons, the players and the coach must ensure that the material used for the head covering is soft, without embellishments which might constitute a danger, and with potential flowing/flapping edges held securely around the neck and securely as possible.

### 14. Photograpy

- 14.1 Any person wishing to take photographs or video recordings **must** get the permission of both teams and officials
- 14.2 Flash photography is not permitted in the playing arena at any time
- 14.3 Under no circumstances can any photograph or video be used on any form of social media. These are for club training purposes only

### 15. Health and Safety

- 15.1 Play may be stopped if the Umpire deems it necessary due to the injury or illness of a player.
- 15.2 Team Officials are required to take great care in moving an injured player or ill player from the court.
- 15.3 Should the primary care person feel that an injury is critical (e.g., head, neck or back) and that the injured Player should not be moved without the assistance of Medical Staff, then the Match Officials should note the time lost during treatment and report to the Competition Referee who will adjudicate.
- 15.4 For all accidents or injuries on or off the court at the Competition, where any Player, Team Official, Umpire, Bench Official, Spectator, Volunteer, Staff Member or any other individual connected to the

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Competition is injured, the Competition Referee must complete a Hampshire Netball Accident Report Form and return it to League Administrator. This procedure should be followed for all injuries and accidents, longer than 30 seconds.

### 16. Social Media

Social media must not be used to insult, belittle or criticise other teams, players, officials or staff of England Netball and Hampshire.

### Contacts

League Administrator Chris Granger [hampshireresults@gmail.com](mailto:hampshireresults@gmail.com)

Tel: 07909 993855

HNA Safeguarding Officer Samantha Parrott [hampshireresults@gmail.com](mailto:hampshireresults@gmail.com)

HNA Disciplinary Secretary: TBA (In the interim send to HNA Hon Secretary [hantsnetball22@gmail.com](mailto:hantsnetball22@gmail.com))